



# Domestic Violence Supports

The nature of these services means they are **available 24/7** so please call them as soon as you can to get some support.

Employers should ask employees to confide in family members, to contact their doctor or a support service listed below and to stay in touch with them (the employer contact) to advise how you are going, what appointments are arranged and eventually when they plan to return to work, of course they may need to be reminded to provide a medical certificate for their absence.

Family and domestic violence can include, but is not limited to controlling behaviour, physical violence, sexual assault, emotional abuse, stalking, technology facilitated abuse, and financial abuse.

## Support Services - National

### 1800RESPECT

- [1800 737 732](tel:1800737732)
- <https://www.1800respect.org.au/>
- 1800RESPECT is Australia's national sexual assault, domestic and family violence support service. The service provides information, referrals, and counselling to all Australians **24 hours a day, every day of the year**.
- It is confidential and free to call
- Medibank Health Solutions delivers 1800RESPECT on behalf of the Australian Government as part of the National Plan to Reduce Violence against Women and their Children, 2010-2022.
- If you or someone you know is impacted by sexual assault, domestic or family violence, call 1800RESPECT on 1800 737 732 or visit 1800RESPECT.org.au. **In an emergency, call 000.**

## Support Services – South Australia

### Women

- Call the **24 hour** Domestic Violence Crisis Line on [1800 800 098](tel:1800800098) for crisis counselling, support and referral to safe accommodation.
- [1800RESPECT](tel:1800737732) - phone [1800 737 732](tel:1800737732) for sexual assault, domestic and family violence counselling.
- [Women's Information Service](tel:83030590) - phone [8303 0590](tel:83030590) for referrals to domestic violence services and for safety information.
- The bilingual bicultural staff of [Migrant Women's Support Program \(MWSP\)](#) work with migrant women and children of diverse cultural and linguistic backgrounds in unsafe relationships - phone [8152 9260](tel:81529260) or [contact@womenssafetyservices.com.au](mailto:contact@womenssafetyservices.com.au), Monday to Friday 8:30 am to 5:00 pm.

### Pregnancy

Information about [domestic violence and pregnancy](#) and a list of support services available in South Australia - Women's and Children's Health Network.

### Sexual assault

- [Yarrow Place](#) - phone [8226 8777](tel:82268777) or toll-free [1800 817 421](tel:1800817421) (after hours [8226 8787](tel:82268787)) for services for rape and sexual assault victims.
- [1800RESPECT](tel:1800737732) - phone [1800 737 732](tel:1800737732) for sexual assault, domestic and family violence counselling.

## Men

- [MensLine Australia](#) - phone [1300 78 99 78](tel:1300789978) to manage conflict and anger, relationship issues and violence in the home.
- [1800RESPECT](#) - phone [1800 737 732](tel:1800737732) for sexual assault, domestic and family violence counselling.
- [Men's Referral Service](#) - phone [1300 766 491](tel:1300766491) - works with men who use family violence, and the sector that supports them to change their abusive and violent behaviour.

## Teenagers

- [Kids Helpline](#) - phone [1800 55 1800](tel:1800551800) for a free and confidential counselling service for young people from 5-25
- [The Line](#) - information about healthy relationships.
- [Services, support lines and resources for teens](#) - Women's and Children's Health Network.

## LGBTI

- [QLife](#) services are free and include both telephone and webchat support, delivered by trained LGBTI community members across the country - phone [1800 184 527](tel:1800184527) or webchat counselling service for lesbian, gay, bisexual, trans and intersex (LGBTI) people, families and friends from 3:00 pm to midnight.

## Seniors

- [SA Abuse Prevention phone line](#) - [1800 372 310](tel:1800372310)
- [Help and advice for seniors](#)
- [Aged Rights Advocacy Service](#) - promoting and protecting the rights of older people.

## Legal support

- [Legal Services Commission of South Australia](#) - phone [1300 366 424](tel:1300366424) for free preliminary legal information, advice and referrals, help with intervention and tenancy orders.
- [Women's Legal Service](#) - phone [8221 5553](tel:82215553) for free legal advice and information.
- [Women's Domestic Violence Court Assistance Service](#) provides legal help across South Australia - phone [1800 246 642](tel:1800246642) or visit the website.
- Organisations that offer help to victims of crime - see [Victim support groups](#)

## Domestic Violence Crisis Line

The Domestic Violence Crisis Line can help by:

- Developing safety management strategies that suit your unique situation
- Linking you with tools that promote safety and technology security
- Facilitating access for you and your children to safe accommodation
- Providing domestic and family violence counselling over the phone
- Providing information and referrals to accommodation, police, legal, housing, specialised counselling, and financial supports available
- Supporting you to remain safe at home.

Phone: [1800 800 098](tel:1800800098) (free call 24 hours)

Due to the volume of calls the crisis line receives, leave a message rather than stay on hold. A specialist counsellor will return your call at a safe time nominated by you.

## TRISH REABURN, Prime Partner

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